



Your water. Your environment. Your voice.

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NEWS RELEASE

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EnviRUNment 5K Benefits Watershed Association

Greening Princeton & 60 Runners Raise \$640 for Clean Water & Environment

April 21, 2011 (Hopewell, NJ) – On Saturday April 16, 60 intrepid runners and walkers braved cold spring temperatures to join student environmental group Greening Princeton and the Stony Brook-Millstone Watershed Association for the 3rd Annual EnviRUNment 5K at Princeton University.

The event raised \$640 for the Watershed Association, helping bolster the environmental nonprofit's efforts to protect clean water and the environment through conservation, advocacy, science and education across central New Jersey.

"The EnviRUNment 5K is a great example of how the community can help make a real difference for our water and environment," said Jim Waltman, Watershed Association Executive Director. "Our treasured environmental resources, like the Delaware & Raritan Canal along the race course – a drinking water source to tens of thousands in our region – need our constant vigilance and protection. The proceeds from this event go directly to our efforts to ensure we all have clean water to drink and use."

Since the event began in support of the Watershed Association in 2009, the 5K has raised more than \$1,500 for the organization. The 3.1-mile up-and-back course began at Forbes College on the Princeton University campus (corner of University Place and Alexander Street) and traversed Alexander Street and the scenic Delaware & Raritan Canal tow path.

This year, each participant received a Greening Princeton reusable water bottle and a reusable grocery bag from several area stores – Homestead Farm Market in Lambertville, McCaffrey's in Princeton, Pennington Quality Market in Pennington, Super Stop & Shop in Hopewell Township, and Terhune Orchards in Lawrence Township. Top finishers also received additional prizes.

Race Results:

Overall Winners:

(Time: 20:53) Stephen Wilson, of Glasgow, Scotland and visiting fellow in the Mechanical and Aerospace Engineering Department at Princeton University – \$50 Mezzaluna Gift Certificate

(Time: 22:16) Catherine Ku, a freshman at Princeton University – \$25 Princeton Running Company Gift Certificate

Top Graduate Students:

(Time: 23:08) Ben Tiede, of Princeton – \$10 Olive's Gift Certificate

(Time: 23:10) Kate Barber, of Peachtree City, Georgia – \$10 House of Cupcakes Gift Certificate

Top Undergraduate Students:

(Time: 22:10) Matt Gwin, a freshman at Princeton University – \$25 Princeton Record Exchange Gift Certificate

(Time: 22:55) Kathleen Ryan, a freshman at Princeton University – \$25 Princeton Record Exchange Gift Certificate

Top “Townie”:

(Time: 24:37) Mike Pisauro, of Pennington – \$10 Thomas Sweet Gift Certificate

(Time: 22:26) Asela Zamorano, fourth grade teacher at the Princeton Academy of the Sacred Heart – \$10 Thomas Sweet Gift Certificate

PHOTO CAPTIONS

1stPlaceOverall SteveWilsonCatherineKu.JPG

The overall male and female winners of the 2011 EnviRUNment 5K were Stephen Wilson of Glasgow, Scotland (a visiting fellow at Princeton University in the Mechanical and Aerospace Engineering Department) and Catherine Ku, a freshman at Princeton University.

WoodrowWilsonCrew3.JPG

To celebrate her birthday, Karen Grissette (top row, far right), a graduate student from Pittsburg, California, recruited her friends from the Woodrow Wilson School of Public and International Affairs at Princeton University to take part in the 2011 EnviRUNment 5K.

Everyone pictured:

Top Row from left: Jonathan Tannen, of Philadelphia, Pa.; Karan Malik, of Haryana, India; LaSean Brown, of Social Circle, Georgia; Elie Tiechman, of Rockville, Maryland; Benjamin Naimark-Rowse, of Boston, Mass.; and Karen Grissette, of Pittsburg, California.

Bottom Row, from left: Lynn von Koch-Liebert, of Moab, Utah; Amy Lin, of Lafayette, Louisiana; Hope Glassberg, of St. Louis, Missouri; Ben Tiede, of Princeton; Lauren Tiede, of Princeton; Kate Barber, of Peachtree City, Georgia; Heather Lord, of Ann Arbor, Michigan; Hadley Lord, of Ann Arbor, Michigan; Amber Oliva, of Eagle River, Arkansas.

Additional photos available upon request. Contact Communications Director Gwen McNamara at gmcnamara@thewatershed.org or (609) 737-3735 x16.

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The Stony Brook-Millstone Watershed Association is central New Jersey's first environmental group. Since 1949 we have been protecting clean water and the environment through conservation, advocacy, science and education. www.thewatershed.org.