



31 Titus Mill Road  
Pennington, NJ 08534  
Tel: 609-737-3735  
Fax: 609-737-3075  
[sbmwa@thewatershed.org](mailto:sbmwa@thewatershed.org)  
[www.thewatershed.org](http://www.thewatershed.org)

## Media Release

---

Contact: Rick Lear, [rlear@thewatershed.org](mailto:rlear@thewatershed.org)  
Stony Brook-Millstone Watershed Association  
609-737-3735 (tel) 609-737-3075 (fax)

**FOR IMMEDIATE RELEASE May 1, 2006**

### **3<sup>rd</sup> Annual Millstone River Sojourn, May 20, 2006**

The Stony Brook-Millstone Watershed Association announces the 3<sup>rd</sup> Annual Millstone River Sojourn on Saturday May 20, 2006. The purpose of the Sojourn is to heighten awareness of and appreciation for the environmental, recreational and historical significance of the Millstone River by paddling its inviting waters.

“The river has a much different look and feel when you experience it by canoe” says Rick Lear, Watershed Naturalist and event organizer. “As folks ride along in their cars each day, many of them never even realize they are passing by rivers and streams that are abundant with life. Canoeing a waterway provides you with a whole new perspective and appreciation.”

Called “Mattawong” by the Lenni Lenape, the Millstone River is an oasis of solitude in our rapidly suburbanizing region. The river is teeming with life. Basking painted turtles, muskrats, day-roosting great horned owls, wood ducks and great blue herons silently fishing the river’s edge are just a few of the many creatures that call the Millstone home. Box elders and majestic sycamores line the shores, punctuating the solemn quietness broken only by the sweet song of a Northern oriole.

The 9.5-mile river trip will begin at 8:30 am at the D&R Canal State Park in Kingston and end at Blackwell’s Mills at the Franklin Township/Hillsborough border by 5:30pm. The fee is \$25 and includes lunch, snacks and shuttle van. Participants can bring their own canoe or kayak or rent one from Griggstown Canoe and Kayak Rental. For more information on this unique opportunity, visit the Stony-Brook-Millstone Watershed Association website, [www.thewatershed.org](http://www.thewatershed.org) or contact the Buttinger Nature Center, (609) 737-7592.

The Stony Brook-Millstone Watershed Association is a non-profit membership organization dedicated to preserving water quality and the natural environment in the 265-square mile area of central New Jersey drained by Stony Brook and the Millstone River. The Watershed Association preserves open space by maintaining an 860-acre nature reserve in Pennington; provides year-round environmental education programs for children and adults; and works with towns, businesses, and landowners to improve land use decisions that impact the environment. The Watershed Reserve contains 14 miles of hiking trails, a nature center and gift shop, and the Honey Brook Organic Farm—an independently operated, community supported farm. Visitors are welcome from dawn to dusk all year long. For more information, call 609-737-3735 or visit us online at [www.thewatershed.org](http://www.thewatershed.org).

###